



The Wheatsheaf Psalms

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The Lord is my light and my salvation /

I believe I shall see the Lord's goodness in the land of the living.

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- Friday of the Passion of the Lord

Into your hands, O Lord, I commend my spirit.

- Saint Andrew

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You are a hiding place for me; you surround me with cries of deliverance.

- Sixth Sunday in Ordinary Time B

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May your merciful love be upon us, as we hope in you, O Lord.

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- Nineteenth Sunday in Ordinary Time C
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The merciful love of the Lord fills the earth.

- The Easter Vigil after the First Reading (alternate)

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- Common Psalm for Ordinary Time

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- Thirtieth Sunday in Ordinary Time C

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- Saints Peter and Paul (Mass during the Day)

Psalm 40(39)

Behold, I have come, Lord, to do your will.

- Second Sunday in Ordinary Time A
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Lord, make haste to help me!

- Twentieth Sunday in Ordinary Time C

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Heal my soul, O Lord, for I have sinned against you.

- Seventh Sunday in Ordinary Time B

Psalm 42(41) and 43(42)

Like the deer that yearns for running streams, so my soul is yearning for you, my God.

- The Easter Vigil after the Seventh Reading

Psalm 45(46)

On your right stands the queen in gold of Ophir.

- The Assumption of the Blessed Virgin Mary (Mass during the Day)

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The waters of a river give joy to God's city, the holy place, the abode of the Most High.

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God has gone up with shouts of joy.

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- Thirty-Second Sunday in Ordinary Time A
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Psalm 65(64)

Some seed fell into good soil and yielded its fruit.

- Fifteenth Sunday in Ordinary Time A

Psalm 66(65)

Cry out with joy to God, all the earth.

- Sixth Sunday of Easter A
- Fourteenth Sunday in Ordinary Time C

Cry out with joy to God, all the earth. Alleluia.

- Common Psalm for Easter Time

Psalm 67(66)

May God be gracious and bless us.

- Mary, the Holy Mother of God

Let the peoples praise you, O God; let all the peoples praise you.

- Twentieth Sunday in Ordinary Time A
- Sixth Sunday of Easter C

Psalm 68(67)

In your goodness, O God, you provided a home for the poor.

- Twenty-Second Sunday in Ordinary Time C

Psalm 69(68)

Seek God, you who are poor, and your hearts will revive.

- Fifteenth Sunday in Ordinary Time C

In your great mercy, answer me, O Lord.

- Twelfth Sunday in Ordinary Time A

Psalm 71(70)

My mouth will tell of your salvation, O Lord.

- Fourth Sunday in Ordinary Time C

From my mother's womb, you have drawn me forth.

- The Nativity of Saint John the Baptist (Vigil Mass)

Psalm 72(71)

All the nations on earth shall fall prostrate before you, O Lord.

- The Epiphany of the Lord

All the kings of the earth shall fall prostrate before you; all nations shall serve you.

- Common Psalm for Epiphany

In his days shall justice flourish, and great peace for ever.

- Second Sunday of Advent A

Psalm 78(77)

Never forget the deeds of the Lord!

- The Exaltation of the Holy Cross

The Lord gave them bread from heaven.

- Eighteenth Sunday in Ordinary Time B

Psalm 80(79)

Bring us back, O God; let your face shine forth, and we shall be saved.

- First Sunday of Advent B
- Fourth Sunday of Advent C

The vineyard of the Lord is the house of Israel.

- Twenty-Seventh Sunday in Ordinary Time A

Psalm 81(80)

Sing joyfully to God our strength.

- Ninth Sunday in Ordinary Time B

Psalm 84(83)

Blessed are they who dwell in your house, O Lord.

- The Holy Family of Jesus, Mary and Joseph C

Psalm 85(84)

Show us, O Lord, your mercy, and grant us your salvation.

- Nineteenth Sunday in Ordinary Time A
- Fifteenth Sunday in Ordinary Time B

Show us, O Lord, your mercy.

- Common Psalm for Advent

Psalm 86(85)

O Lord, you are good and forgiving.

- Sixteenth Sunday in Ordinary Time A

Psalm 89(88)

I will sing for ever of your mercies, O Lord.

- The Nativity of the Lord (Vigil Mass)
- The Chrism Mass
- Thirteenth Sunday in Ordinary Time A
- Fourth Sunday of Advent B

His descendants shall continue for ever.

- Saint Joseph, Spouse of the Blessed Virgin Mary

Psalm 90(89)

Fill us with your merciful love, O Lord, and we shall exult.

- Twenty-Eighth Sunday in Ordinary Time B

O Lord, you have been our refuge, from generation to generation.

- Eighteenth Sunday in Ordinary Time C
- Twenty-Third Sunday in Ordinary Time C

Psalm 91(90)

Be with me, O Lord, in my distress.

- First Sunday of Lent C
- Common Psalm for Lent

Psalm 92(91)

It is good to give thanks to you, O Lord.

- Eleventh Sunday in Ordinary Time B
- Eighth Sunday in Ordinary Time C

Psalm 93(92)

The Lord is king, with majesty enrobed.

- Our Lord Jesus Christ, King of the Universe B

Psalm 95(94)

O that today you would listen to his voice! 'Harden not your hearts.'

- Third Sunday of Lent A
- Fourth Sunday in Ordinary Time B
- Twenty-Third Sunday in Ordinary Time A
- Twenty-Seventh Sunday in Ordinary Time C
- Common Psalm for Ordinary Time

Psalm 96(95)

Today a Saviour has been born to us; who is Christ the Lord.

- The Nativity of the Lord (Mass during the Night)

Proclaim the wonders of the Lord among all the peoples.

- Second Sunday in Ordinary Time C

Ascribe to the Lord glory and power.

- Twenty-Ninth Sunday in Ordinary Time A

Psalm 97(96)

The Lord is king, most high above all the earth.

- The Transfiguration of the Lord
- Seventh Sunday of Easter C

Today a light will shine upon us; for the Lord is born for us.

- The Nativity of the Lord (Mass at Dawn)

Psalm 98(97)

All the ends of the earth have seen the salvation of our God.

- The Nativity of the Lord (Mass during the Day)
- Common Psalm for Christmas Time

The Lord has shown his salvation to the nations.

- Sixth Sunday of Easter B
- Twenty-Eighth Sunday in Ordinary Time C

O sing a new song to the Lord, for he has worked wonders.

- The Immaculate Conception of the Blessed Virgin Mary

The Lord comes to judge the peoples with fairness.

- Thirty-Third Sunday in Ordinary Time C

Psalm 100(99)

We are his people, the sheep of his flock.

- Eleventh Sunday in Ordinary Time A
- Fourth Sunday of Easter C
- Common Psalm for Ordinary Time

Psalm 103(102)

The Lord has fixed his throne in heaven.

- Seventh Sunday of Easter B

The mercy of the Lord is everlasting upon those who hold him in fear.

- The Most Sacred Heart of Jesus A

The Lord is compassionate and gracious.

- Seventh Sunday in Ordinary Time A
- Eighth Sunday in Ordinary Time B
- Third Sunday of Lent C
- Seventh Sunday in Ordinary Time C
- Common Psalm for Ordinary Time

The Lord is compassionate and gracious,slow to anger and rich in mercy.

- Twenty-Fourth Sunday in Ordinary Time A

Psalm 104(103)

Send forth your Spirit, O Lord, and renew the face of the earth.

- The Easter Vigil after the First Reading (alternate)
- Pentecost Sunday (Vigil Mass: Simple Form)
- Pentecost Sunday (Vigil Mass: Extended Form) after the Fourth Reading
- Pentecost Sunday (Mass during the Day)
- Common Psalm for Pentecost

Bless the Lord, O my soul! My God, how great you are!

- The Baptism of the Lord C

Psalm 105(104)

He, the Lord, is our God; he remembers his covenant for ever.

- The Holy Family of Jesus, Mary and Joseph B

Psalm 107(106)

O give thanks to the Lord, for his mercy endures for ever.

- Pentecost Sunday (Vigil Mass: Extended Form) after the Third Reading
- Twelfth Sunday in Ordinary Time B

Psalm 110(109)

You are a priest for ever, according to the order of Melchizedek.

- The Most Holy Body and Blood of Christ C

Psalm 112(111)

A light rises in the darkness for the upright.

- Fifth Sunday in Ordinary Time A

Psalm 113(112)

Praise the Lord, who raises the poor.

- Twenty-Fifth Sunday in Ordinary Time C

Psalm 116(114 / 115)

I will walk in the presence of the Lord in the land of the living.

- Second Sunday of Lent B
- Twenty-Fourth Sunday in Ordinary Time B

The cup of salvation I will raise; I will call on the name of the Lord.

- The Most Holy Body and Blood of Christ B

The cup of blessing is a communion in the blood of Christ.

- Thursday of the Lord's Supper

Psalm 117(116)

Go into all the world and proclaim the good news.

- Ninth Sunday in Ordinary Time C
- Twenty-First Sunday in Ordinary Time C

Psalm 118(117)

Alleluia. Alleluia. Alleluia.

- The Easter Vigil after the New Testament Reading

This is the day the Lord has made; let us rejoice in it and be glad.

- Easter Sunday (Mass during the Day)
- Common Psalm for Easter Time

The stone that the builders rejected has become the cornerstone.

- Fourth Sunday of Easter B

Give praise to the Lord, for he is good, his mercy endures for ever.

- Second Sunday of Easter A
- Second Sunday of Easter B
- Second Sunday of Easter C

Psalm 119(118)

Blessed are those who walk in the law of the Lord!

- Sixth Sunday in Ordinary Time A

O Lord, how I love your law!

- Seventeenth Sunday in Ordinary Time A

Psalm 121(120)

Our help is in the name of the Lord, who made heaven and earth.

- Twenty-Ninth Sunday in Ordinary Time C

Psalm 122(121)

Let us go rejoicing to the house of the Lord

- First Sunday of Advent A
- Our Lord Jesus Christ, King of the Universe C
- Common Psalm for the Last Weeks of Ordinary Time

Psalm 123(122)

Our eyes are on the Lord, till he show us his mercy.

- Fourteenth Sunday in Ordinary Time B

Psalm 126(125)

What great deeds the Lord worked for us! Indeed, we were glad.

- Thirtieth Sunday in Ordinary Time B
- Second Sunday of Advent C
- Fifth Sunday of Lent C

Those who are sowing in tears will sing when they reap.

- Saint George

Psalm 128(127)

Blessed are all who fear the Lord, and walk in his ways.

- The Holy Family of Jesus, Mary and Joseph ABC

May the Lord bless us all the days of our lives.

- Twenty-Seventh Sunday in Ordinary Time B

Blessed are all who fear the Lord.

- Thirty-Third Sunday in Ordinary Time A

Psalm 130(129)

With the Lord there is mercy, in him is plentiful redemption.

- Fifth Sunday of Lent A
- Tenth Sunday in Ordinary Time B
- Common Psalm for Lent

Out of the depths I cry to you, O Lord. / I wait for the Lord; I hope in his word.

- The Commemoration of all the Faithful Departed B

Psalm 131(130)

Keep my soul in peace before you, O Lord.

- Thirty-First Sunday in Ordinary Time A

Psalm 132(131)

Go up, Lord, to the place of your rest, you and the ark of your strength.

- The Assumption of the Blessed Virgin Mary (Vigil Mass)

Psalm 136(135)

For his mercy endures for ever.

- Common Psalm for The Easter Vigil (*two versions*)

Psalm 137(136)

O let my tongue cleave fast to my palate if I remember you not.

- Fourth Sunday of Lent B

Psalm 138(137)**In the presence of the angels I praise you, O Lord.**

- Fifth Sunday in Ordinary Time C

On the day I called, you answered me, O Lord.

- Seventeenth Sunday in Ordinary Time C

O Lord, your merciful love is eternal; discard not the work of your hands.

- Twenty-First Sunday in Ordinary Time A

Psalm 139(138)**I thank you who wonderfully made me.**

- The Nativity of Saint John the Baptist (Mass during the Day)

Psalm 145(144)**I will bless your name for ever, my God and king.**

- Fourteenth Sunday in Ordinary Time A
- Fifth Sunday of Easter C
- Thirty-First Sunday in Ordinary Time C
- Common Psalm for Ordinary Time

You open your hand, O Lord, and fulfil all our needs.

- Seventeenth Sunday in Ordinary Time B

The Lord is close to all who call him.

- Twenty-Fifth Sunday in Ordinary Time A

You open your hand and fulfil us, O Lord.

- Eighteenth Sunday in Ordinary Time A

Psalm 146(145)**Come, Lord, and save us.**

- Third Sunday of Advent A

Blessed are the poor in spirit; for theirs is the kingdom of heaven.

- Fourth Sunday in Ordinary Time A

My soul, give praise to the Lord.

- Twenty-Third Sunday in Ordinary Time B
- Thirty-Second Sunday in Ordinary Time B
- Twenty-Sixth Sunday in Ordinary Time C

Psalm 147(146)

Praise the Lord who heals the broken-hearted.

- Fifth Sunday in Ordinary Time B

Psalm 147

O Jerusalem, glorify the Lord!

- The Most Holy Body and Blood of Christ A

The Word became flesh and dwelt among us.

- Second Sunday after the Nativity

Daniel 3

To be praised and highly exalted for ever!

- The Most Holy Trinity A
- Pentecost Sunday (Vigil Mass: Extended Form) after the Second Reading

Exodus 15

Let us sing to the Lord, glorious his triumph.

- The Easter Vigil after the Third Reading

Isaiah 12

Shout aloud and sing praise, for great in your midst is the Holy One of Israel.

- Third Sunday of Advent C

With joy you will draw water from the springs of salvation.

- The Baptism of the Lord B
- The Easter Vigil after the Fifth Reading
- The Most Sacred Heart of Jesus B

Luke 1

My soul shall exult in my God

- Third Sunday of Advent B